ABNORMAL ORIGIN OF RIGHT SUBCLAVIAN ARTERY – A CADAVERIC STUDY

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ABSTRACT

Background: During early embryonic life, the aortic arch undergoes complex development and normally results in the formation of a left aortic arch from which three arteries arise: (1) the brachiocephalic artery, which divides into the right common carotid and right subclavian arteries, (2) the left common carotid artery and (3) the left subclavian artery. In the present study we found an aberrant right subclavian artery arising from the arch of aorta distal to the left common carotid artery.

Aims & Objective: Abnormalities of branches of arch of aorta are not uncommon and they have been identified more frequently with increasing use of imaging studies. However, the clinician should be aware of the wide range of anomalies that occur in the arch & the great vessels. This could help in adequately managing these variations in emergency approaches to the arch & the great vessels when imaging studies are not available. Our aim is to report the occurrence of the abnormal origin of right subclavian artery in a sample of western Indian population.

Material and Methods: Present study was conducted on embalmed cadavers in Anatomy Department at various medical colleges in Gujarat. Branches of arch of aorta were dissected & observed for any variation.

Results: A total of 70 cadavers were dissected. In one cadaver we found abnormal origin of right subclavian artery from the arch of aorta. The anomalous artery was passing behind the oesophagus. (1.43%, n = 70)

Conclusion: An aberrant right subclavian artery is a rare vascular anomaly & it is also an unusual cause of problems with the passage of solid food through the oesophagus. Recently it has been suggested that it occurs more frequently in patients with Down syndrome. Knowledge of this anomaly is important while evaluating feeding difficulties in patients with Down syndrome as well as in preventing vascular complications in patients with aberrant right subclavian artery.

Key-Words: Subclavian Artery; Aberrant; Cadaveric Study

Introduction

In approximately 80% of individuals, three branches arise from the aortic arch: the brachiocephalic trunk, the left common carotid artery and the left subclavian artery.¹ Adachi first described this branching pattern as type A.² Another 11% of reported cases exhibit Adachi's pattern type B, which consists of a common trunk for the left common carotid artery and the subclavian artery. This branching pattern results in only two trunks originating from the aortic arch. The third most common pattern, type C, is characterised by the vertebral artery, originating proximally to the left subclavian artery as a fourth branch of the aortic arch. The remaining 1% of cases are composed of numerous other aortic arch branching pattern variations.³ Thomson identified nine different variations in the mode of origin of the branches arising from the aortic arch in 500 specimens.⁴ He was able to identify a retrooesophageal right subclavian artery (RRSA) in five of the specimens (1%) and classified it as type D.

Normally right subclavian artery arises from brachiocephalic trunk and passes towards the arm. The aberrant vessel arises from the aortic arch or proximal descending aorta distal to the left subclavian artery. Further course of ARSA (Aberrant right subclavian artery) can be variable. In 80% of the patients, it passes between the oesophagus and the spinal column. In 15% of patients, it runs between the oesophagus and the trachea and in 5%, it passes anterior to both trachea and oesophagus.⁵

An aberrant right subclavian artery is a rare vascular anomaly that is believed to induce feeding and swallowing difficulties in 20% of the patients, caused by dorsal compression of the oesophagus by the anomalous artery. Recently it has been suggested that the prenatal occurrence of this vascular anomaly is substantially increased in Down syndrome where it can be found in up to 19–36% of cases.⁶ It may also be seen in patients with tetralogy of Fallot, pulmonary atresia, and major aortopulmonary collateral arteries.⁷ Feeding problems in infants and young children with Down Syndrome are frequent and may lead to failure to thrive. The feeding problems may be caused by underlying conditions frequently associated with Down syndrome. These include congenital heart defects (present in 40–60% of Down
syndrome patients), gastrointestinal disorders such as duodenal web, gastro-esophageal reflux, endocrine disorders, or impaired oral motor function. In the absence of underlying disease conditions, feeding difficulties in Down syndrome may be due to the general hypotonia and related impaired oral motor function.

Failure to recognize such variations may lead to damage to this artery during esophageal surgery or vascular surgery with disastrous complications. Because of the rarity of the anomaly, pre-operative diagnosis may not be always possible. Further, dysphagia, if present, may well be because of the esophageal pathology and therefore may not help in diagnosis.

**Materials and Methods**

The present study was conducted on 70 embalmed cadavers over the period of four years. The cadavers were utilized for dissection for MBBS students at various medical colleges in Gujarat, West region of India. The aortic arch & its branches were exposed to observe any variation in the origin of right subclavian artery.

**Results**

Out of 70 cadavers, in one cadaver we found four branches arising from the aortic arch, from right to left, (1) Right common carotid artery (2) Left common carotid artery (3) Left subclavian artery and (4) Aberrant Right subclavian artery. The anomalous artery passed obliquely toward the right side behind oesophagus.

**Discussion**

The most common embryologic abnormality of the aortic arch is an aberrant right subclavian artery, which occurs in 0.5% to 1.8% of the population.[8] The aberrant right subclavian artery arises from arch of aorta distal to the left subclavian artery and most frequently passes behind the oesophagus to the right arm. Rarely, it passes between the oesophagus and the trachea or in front of trachea.[9-11] Therefore, the anomalous artery in the present study took the most common course.

In 1899 Holzapfel classified anomalous cases of the right subclavian artery into 10 types, and the present case belongs to Type 5.[11] According to the Adachi-Williams-Nakagawa classification, the present case belongs to Type G.[12,13] The incidence of the Adachi Type G variation in Japanese adults has been reported to be from 0.15 to 1.6%.[14,15] with an average of about 0.5%.[16,17] Hara et al. studied the radiographic findings in 25 cases with pre-diagnosed aberrant artery on CT scans. On lateral radiographs, a posterior tracheal imprint was seen in 95% of the patients.[18] Fockens et al. found an aberrant subclavian artery in 6/1,629 patients.[19] However this study was directed towards picking up this particular vascular abnormality only and hence was very sensitive.

Normally, this anomaly causes no symptoms unless there is compression on the trachea or the esophagus. When present in isolation it may cause dysphagia (dysphagia lusoria). David Bayford (1761) was the first to note the association of dysphagia with oesophageal compression caused by an aberrant right subclavian artery.[20] Dysphagia lusoria is the descriptive term for dysphagia
resulting from esophageal compression caused by an aberrant right subclavian artery (arteria lusoria).[21] The dilated proximal ARSA is also known as diverticulum of Kommerell. In some patients this diverticulum may become aneurysmal. Almost all cases of distal arterial embolisation from an anomalous right subclavian artery have been associated with a right subclavian artery aneurysm. This anomaly is complicated by aortitis, dysphagia, chronic cough and intermittent dyspnoea. Dysphagia caused by this anomaly in older patients may be due to increased rigidity of the oesophagus itself or vessel wall and elongation of the aorta. Infant patients with arteria lusoria have symptoms of stridor or recurrent respiratory infections due to compression of trachea.[22] In adults the trachea is more rigid, therefore, respiratory symptoms are rare. When symptoms occur in adults, oesophageal complaints (dysphagia) predominate. In addition, the risk of iatrogenic injury to the subclavian artery could increase. Therefore, an aberrant subclavian artery can sometimes be a challenging problem for surgical correction.

The incidence of ARSA in Down Syndrome has been reported in up to 16–39% of cases by Chaoui et al.[6] Recognition of this association is of importance when evaluating feeding or swallowing difficulties in Down Syndrome patients. Most studies evaluating radiologic investigations have been performed on proven cases of an aberrant right subclavian artery or with an intention of finding this anomaly & therefore may not actually translate into picking this rare anomaly preoperatively. Previous reports document a 30% to 45% incidence of limb ischaemia in patients undergoing ligation (without reconstruction) of an aberrant right subclavian artery.[23,24] Hence prompt reconstruction of the artery is necessary to prevent critical limb ischaemia.

**Embryological Explanation**

Normally right subclavian artery develops from right 4th aortic arch, a part of the right dorsal aorta caudal to the ductus caroticus & right 7th intersegmental artery. Sometimes the right subclavian artery arises from the junction of the definitive arch of aorta & descending aorta & courses upwards & to the right behind the trachea & oesophagus. This anomaly is caused by the degeneration of the right 4th aortic arch. So that the right 7th intersegmental artery & the right dorsal aorta caudal to it are continued as the aberrant right subclavian artery.

In this condition right recurrent laryngeal nerve reaches directly into the larynx and does not undergo a recurrent course due to degeneration of the dorsal part of the right 6th aortic arch & entire right 4th aortic arch.[25–27]

**Conclusion**

Most variations of the aortic arch and great vessels are not a reason for patient complaints. However clinicians performing imaging studies and catheter-based techniques for aortic arch and great vessels should be aware of this variation to decrease the risk of iatrogenic injury. Knowledge of this anomaly, pre-operative identification and careful dissection especially in a thoracoscopic mobilization, will help in preventing disastrous vascular complications in patients with an aberrant right subclavian artery.

**References**

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